



10

THINGS HE WANTS YOU TO KNOW

**His Secrets Revealed—
What Your Guy Really Thinks
About Love, Lust and You!**

By Martin Brown

When it comes to issues of the heart, does he tell you the truth—or just what you want to hear? Can you *handle* the truth? One man confides what he's really thinking about, the 10 very important questions near and dear to every guy's heart: love, lust and *you*...

1. Is romance important to men, too?

Very public displays of affection rarely feel truly romantic to most men. His idea of romance is being alone with you in a quaint cabin in the woods. For a man, romance is a particularly private moment. For a woman, it can certainly be that, but then

again, she sees many more opportunities for romance than he *ever* will.

Men won't talk much about the subject of romance unless they know it is expected of them. For a man, romance is like putting on his best suit for a job interview: once he's hired, he can dress down. That is why, after having won a woman's heart and hand, a man follows his natural inclination to fall back to his less-than-romantic state.

Why, then, does your guy get all romantic when you're alone in that cabin, to the point he'll light candles and offer to make dinner? It's because the setting is conducive to making love. In a man's mind, romance is the

overture to sex. For a woman they are separate symphonies.

2. Do most men consider themselves sexy and appealing?

Most men try to keep their vanity to themselves. They're not going to do several turns in front of their girlfriends or wives and ask, "Are these slacks OK on me?" But don't assume men are not thinking about it. On some level, nearly all men believe they have appealing qualities. It might be their smile, their eyes or a pair of broad shoulders.

Most men *do* care about how they look in a pair of jeans. Sure, a guy might look

like a sack of spuds, but that doesn't mean he's OK with it. And, if he *is* OK with it, I'll guarantee you he's convinced himself there are a lot of women out there who are *really* turned on by potatoes.

3. Why do men have affairs?

People, in general, are drawn to affairs because they assume these trysts come unhindered by the entanglements of day-to-day life. After all, a couple having an adulterous relationship does not discuss such mundane topics as the increasing cost of household expenses; there are no child discipline problems and no in-law disputes.

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In reality, however, affairs can become messy and complex, but their initial appeal—and their continuing allure—to most men is the carefree behavior they can indulge in once inside the confines of the affair.

In time, of course, the nature of the affair likely grows more serious: What started as an outside recreational activity becomes one more hassle in an already complex life. As a general rule, affairs are short-lived and, in the end, generate ill will in all parties involved. Most men with any degree of wisdom learn quickly affairs are best considered, imagined and then forgotten.

4. Does breast size matter to men?

Women with big breasts will always turn men's heads. Those breasts speak to his primitive brain, saying, "available, fertile female ready for copulation." So, just know he's going to look. From that, many women conclude breast size is an all-important feature to attract men, and that's simply not the case.

Every male has a slightly

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different set of qualities he finds physically attractive. From calves to butts to breasts to hips, every guy has a personal opinion of what features are most important. And, when it comes right down to it, a pretty smile can be more important than the shape of a breast. Most guys won't admit it, but it's really true.

5. Why are men so sensitive about sexual performance?

Performance is always an issue for men. Men, in spite of their bravado, are a bundle of insecurity when it comes to questions of sexual performance, and most of us are ready to doubt our ability to be good lovers without any hesitation. So women, take note: Any time you want to give your guy input about a bedroom issue, begin with

praise. For example, say, "You're turning me on," "I love your body" or "You're the perfect guy for me."

When it comes to a man's sexual insecurities, you can't do too much to build him up. Talk to him about your love life, but by all means, remember you're juggling eggs, and in most cases, they're not hard-boiled.

6. Why are men so concerned with the size of their penis?

In the minds of most men, penis size is like money in the bank: You can't have too much. In time, however, each man concludes success in life is learning to make the most out of what you've got.

Whatever they have, small or large, men always think there's room for improvement. This probably stems from the basic insecurity of

having a sexual organ that is external rather than internal.

Over the years I've come to love my "little man." When the going got tough, he kept going. Would I have preferred something a little longer or a little wider? Sure, but after decades of rising to the occasion, I won't argue about the fine points. Love me, love my—well, you get the point.

7. Why do most men love receiving oral sex?

This one is easy. I suspect a lot of women think men try to suggest oral sex because it's just their way of being nasty, and men like being nasty. Think again! It's all about pleasure, and there is no way to describe to a woman the wonderful sensation of expertly done fellatio. Yes! Then again, men don't know, and never will, the thrills of a fully recognized female orgasm.